



Kamloops
Community
YMCA-YWCA

Health & Fitness Volunteer Opportunities



Opportunities to learn, lead, and grow.

GROUP FITNESS INSTRUCTOR

Location: 400 Battle Street & 150
Wood Street

Compensation: Volunteer Y Member-
ship

Schedule: 1 hour + per week

Placement date: Ongoing

Job Description:

The Kamloops YMCA is looking for Group Fitness Instructors to join our team! Under the supervision of the Director(s) of Health & Fitness, our Group Fitness Instructors provide a welcoming environment to members who make use of group fitness classes. Our Group Fitness Instructors lead a variety of classes depending on certifications and specialties. Applicants must hold a Group Fitness certification in order to apply. He/she will exemplify the YMCA values of caring, honesty, respect and responsibility in all aspects of teaching. Our instructors are reliable and welcoming to new members attending group fitness classes.

Major Responsibilities and Abilities:

Group Fitness Instructors will volunteer teaching group fitness style classes. We're seeking cyclefit, bootcamp, yoga, barre, senior based programs, Zumba and other teaching specialties to add to our fitness class offering at both Y locations. In exchange for one hour per week of consistent volunteering you receive a YMCA Membership and invitation to continuing education workshops to maintain CEC credits. We offer our volunteer team CPR/First Aid renewals and a great atmosphere to workout in. Volunteers are invited to our Annual Fitness Retreat for teambuilding and educational workshops.

Building healthy communities

YMCA/YWCA Employment Opportunities



Qualifications:

YMCA or approved fitness certifications

CPR/First Aid or willingness to renew

Desire to teach group fitness or circuit style classes

A satisfactory Criminal Reference Check must be received prior to starting volunteer position

Provide three professional references.

Adherence to the YMCA Child Protection Policies and Procedures.

Must have excellent communication skills and work well with the public.

Application Process:

Resume with photocopy of fitness certifications and current CPR/First Aid can be submitted in person or by email ongoing to:

Kassie Fowlie
Director of Health & Fitness
400 Battle Street
Kamloops, BC V2C 2L7
Kassie.fowlie@kamloopsy.ca

Please note:

- A criminal reference check must be submitted for review prior to starting employment
- Any successful candidate must be fully vaccinated for COVID-19 as per the Kamloops YMCA-YWCA Vaccination Policy
- Only those applicants selected for an interview will be contacted.

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