



YMCA BC—Kamloops Volunteer Opportunities

Opportunities to learn, lead, and grow.

GROUP FITNESS VOLUNTEER INSTRUCTOR

Position: Group Fitness Instructor

Location: YMCA BC—Kamloops, Downtown location, 400 Battle St.

Schedule: 1hr per week teaching a group fitness class. A Y Volunteer membership is given to the volunteer.

Job Description:

YMCA BC—Kamloops is looking for Group Fitness Instructors to join our team! Under the supervision of the Director of Health & Fitness, our Group Fitness instructors provide a welcoming environment to members and guests who make use of group fitness classes. Our Instructors lead a variety of classes including Bootcamp, Barre, Cyclefit Stretch, Yoga. You must hold a current Group fitness certification in order to apply. He/she will exemplify the YMCA values of caring, honesty, respect, responsibility, and inclusivity in all aspects of the position. Must be reliable and welcoming to members.

Major Responsibilities and Abilities:

Group Fitness Instructors volunteer one+ hour per week depending on desire and schedule, teaching water based group fitness classes. In exchange for one-hour per week of consistent volunteer teaching, you will receive a YMCA Membership and invitation to our continuing education workshops to maintain certification credentials. We also offer Emergency First Aid Renewals free of charge to current volunteers.

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Building healthy communities

400 Battle Street, Kamloops BC

150 Wood Street, Kamloops BC

YMCA BC Employment Opportunities

Qualifications:

- YMCA Group Fitness Instructor Certification (or equivalent)
- CPR-C / First Aid or willingness to obtain
- Willingness to teach a variety of classes
- Provide three character/professional references
- Adhere to the YMCA BC Child Protection Policies and Procedures

Competencies:

Commitment to Mission, Vision and Values: Demonstrates and promotes a personal understanding of and appreciation for the mission, vision and values of YMCA BC—Kamloops.

YMCA BC is committed to creating an inclusive, accessible environment where all members of our community feel valued, respected, and supported. We encourage applications from the diverse communities in which we live and serve, including but not limited to people of colour, Indigenous people, persons with disabilities, and persons of any sexual orientation or gender identity. We have established policies, procedures, and practices to meet accessibility standards throughout the hiring process. Should you require any accommodation throughout the recruitment process, please do not hesitate to contact our Human Resources department.

Adherence to the YMCA Child Protection Policies and Procedures:

**Please note:*

- *A satisfactory criminal reference check must be received prior to volunteering.*

Application Process:

Please include a photo-copy of all certifications in the application, and a list of three references, at least two of which are professional.

Bring the entire application in person to:

Kassie Fowlie
Health & Fitness Director
YMCA BC—Kamloops
400 Battle St.
Kamloops, BC V2C 2L7
Email: Kassie.fowlie@bc.ymca.ca

Application Deadline:
Ongoing

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