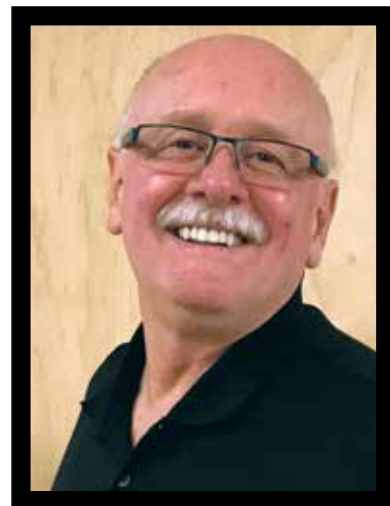




Community Impact Report
2018
YMCA-YWCA of Kamloops

It starts here at the Kamloops Community YMCA-YWCA.

Health. Connectedness. Engaged and Supported. Vibrant Community.



Colin Reid, CEO



Joanne Bonderud, Chair

Our Y is a community of engaged and caring neighbours, supporting you on your journey to better health, personal safety and a sense of belonging. Every day at the Y, we witness people learning new skills, making new friends, getting healthier, finding support, feeling safe and giving back to community.

It is wonderful achievement and a powerful sight.

2018 we remained committed to being responsive, relevant and of service to our community, all which helped us to deliver positive impact to thousands of citizens. This past year we had the fortune to serve more than 18,500 people.

Now more than ever before, we recognize we have a responsibility and opportunity to address some urgent needs facing our community. Our strategic focus is on:

- **Building Community:** Where everyone has opportunity to be healthier and more engaged.
- **Engaging Others for Greater Impact:** People engage with, partner and support the Y because they share our values, believe in our mission and the impact of our action on the community.
- **Mobilize Resources and Leadership:** Our programs and services meet our mission and create positive change for people in our community.
- **Impacting Families:** Helping families to grow strong and vibrant, to reach their potential and to build a supportive and connected community.

The investment that the Y and our community makes in children, young people, families, adults and seniors has transformational impact on the lives of those we serve.

Thank you to our dedicated staff and volunteers, our partners and supporters and our donors and funders for believing that together we make a difference.



Our Mission

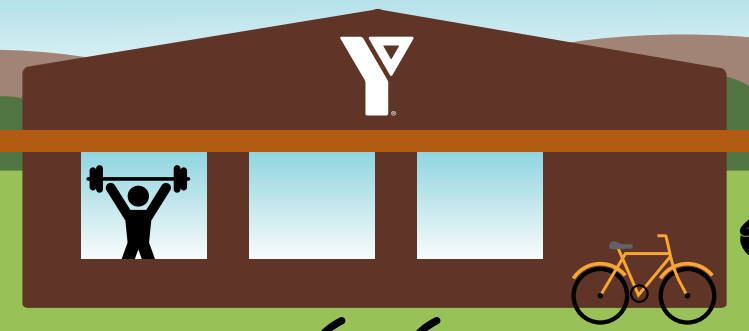
The Kamloops Community YMCA-YWCA is a charitable organization driven by our mission to promote spirit, mind and body by encouraging healthy lifestyles, personal growth and service to people within our community.

Our Values

The Kamloops Community YMCA-YWCA is committed to practicing and demonstrating the core values of inclusiveness, respect, honesty, responsibility and caring in all aspects of the organization.

Board of Directors

Front Row (from left to right): Mary-Ellen Milutinovic, Karl de Bruijn, Lindsay Tithecott, Jeanine Ball
Back Row: Joanne Bonderud, Kirsten Rath, Chelsey Tennant, Phill Clough, Steve Ross, Paul Simpson, Greg Hall
Missing: Matt McCurrach, Len Hutt, Dan Sulz and Max Lentz



7,500

improved their health and quality of life through exercise



58

children were provided a safe place to be in our School Age Care while their parents were at work



3,838

individuals attended the Child Care Resource & Referral and the Early Years Centre



98

youth received support and tools to better cope with their anxiety through Y Mental Wellness Programs



1,420

women and children sought shelter and support at the Y Women's Emergency Shelter and accessed Outreach Services



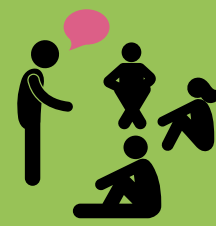
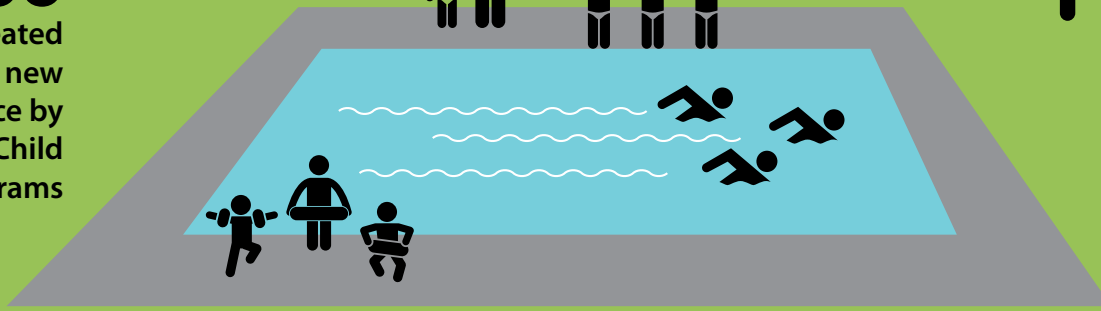
1,866

children and youth created memories, learned new skills and built confidence by participating in Child and Youth Programs



1,500

children learned to swim



184

youth were provided with career-developing opportunities to assist them with finding employment



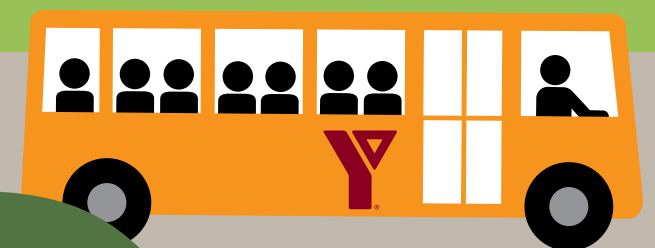
800

seniors stayed active and connected to their community



170

campers were physically active and made friends at Summer Day Camp



18,500

people participated in our activities and services including 9500 kids and youth who achieved success and gained confidence

1,900

participants who could not afford our activities and services saw their lives change thanks to financial assistance from the Kamloops Y totalling \$270,000

(Numbers in \$1,000's taken from Year End Audited Statements as prepared by BDO)

	2018	2017
Operations		
Revenue	\$4,524	\$4,466
Expense	4,663	4,318
Net	(139)	\$148
Balance Sheet		
Current Assets	\$2,052	\$2,128
Capital Assets	1,589	1,643
Total Assets	\$3,641	\$3,771
Current Liabilities	\$1,263	\$1,157
Other Liabilities	135	232
Total Liabilities	1,398	1,389
Total Fund Balances	2,243	2,382
Total	\$3,641	\$3,771



641 donors impacted the lives of others through charitable gifts to the YMCA-YWCA.



\$281,100 received in donations ensuring children and youth benefited from Y programs and services.



\$270,000 awarded in YMCA-YWCA financial assistance to make our programs accessible to 1,900 individuals

175 Volunteers = 10,000 hours
of sharing their time and talents to our local Y.





**OUR 2018
YMCA-YWCA TEAM**

BOARD OF DIRECTORS

Joanne Bonderud, Chair
 Jeanine Ball, Vice-Chair
 Len Hutt, Treasurer
 Karl de Bruijn, Past Chair

DIRECTORS

Phill Clough
 Mary-Ellen Milutinovic
 Greg Hall
 Max Lentz
 Matt McCurrach
 Kirsten Rath
 Steve Ross
 Paul Simpson
 Dan Sulz
 Chelsey Tennant
 Lindsay Tithecott

SENIOR STAFF

Colin Reid, CEO
Leslie Whitmore, General Manager,
 Association Services
Michele Walker, General Manager,
 Violence Against Women
 Intervention and Support Services
Meghan Hiemstra, General Manager,
 Health, Fitness and Aquatics
Monica van der Meulen, General
 Manager, Child, Youth and Family
 Services



**Kamloops
Community
YMCA-YWCA**

Building healthy communities

Kamloops YMCA-YWCA | 150 Wood Street, Kamloops, BC V2B 0G6

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Registered Charity No. 107556060RR0001